

# Charlie Lemmer

## Healthy Homes Expert & Building Biologist

Charlie is a WELL Accredited Professional, holistic health coach, and healthy homes expert who blends interior design, sustainability, and wellness to help people transform their spaces into sanctuaries for optimal health and wellbeing. With decades of experience in property development, design, and health advocacy, Charlie empowers individuals and organisations to uncover hidden toxins, create healthier environments, and embrace sustainable living.



### ***"Creating People-First, Health-Optimised Homes & Spaces"***

- *Host of The Healthy Home Show Podcast with Global Audience*
- *Managed high-profile projects including Dreamland Margate and properties for Lord Rothschild.*
- *Expert in toxin-free materials, biophilic design, and WELL standards.*
- *WELL Accredited Professional  
WELL Faculty*
- *UKHCA Accredited*
- *LDN Collective*
- *Quality of Life Foundation*

AS SEEN IN

Planet Mindful  
Magazine

DAILY  
MIRROR

Keisei  
magazine

GRAND DESIGNS  
LIVE

## SIGNATURE TOPICS

- *SAFE HAVENS: REDUCING HIDDEN HOUSEHOLD TOXINS FOR BETTER HEALTH AT HOME*
- *CONSCIOUS DESIGN CHOICES : THE IMPORTANCE OF SELECTING NON-TOXIC FURNISHINGS AND PRODUCTS FOR YOUR HOME*
- *DESIGN FOR WELLNESS: THE SCIENCE OF CREATING HEALTHY, SUSTAINABLE SPACES*
- *DETOX YOUR HOME & BODY : THE BLUEPRINT FOR COMPLETE WELLNESS*



- HOST OF THE HEALTHY HOME SHOW PODCAST
- CO-HOST OF RADIO KANAL BARCELONA SHOW

## BOOKS & ARTICLES

- The Healing Power of Nature
- Planet Mindful Magazine
- Tatler Magazine
- Biophilic Design Magazine
- The Daily Mirror
- Thriveologie
- Designrati Magazine
- You magazine- Daily Mail

## CONTACT DETAILS

Book me To Speak



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The Healthy Home Show



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